

Screens down!

Creative Activities To Boost Your Child's Learning With Bedrock Learning

Bedrock is a springboard to reading and learning beyond the glare of a screen. Here are ten creative activities to get you started (one for each block of learning)...



Planet Earth Descriptive Story

Take a walk around your local neighbourhood. Where can you find nature? Can you hear birds singing? Can you see grass on the verge? How do you feel? Take note of what you experience, using all five senses. Once you return home, write a descriptive paragraph about your walk. E.g. As the ice-cold breeze bit the stark winter branches, the bustling birds busied in their body-warmed nests. I curled my fingers up in my mittens, ready to return to hibernation. My heart yearned for home.



Are Computer Games Bad For You? Plan To Ban

Take a 24-hour break from computer games. Note what you do instead. Do you spend more time talking to family? Do you take extra care with your school work? Are you more active? Could you take a 24-hour break from computer games again? If so, mark which day each week/fortnight or month you plan on avoiding computer games. It'll be interesting to see if it has any impact on you in the long term...



The Greatest Sporting Rivalries Ever!

Team Crest

Write a list of ten personality traits that make up a team player (e.g. punctuality, kindness and competitiveness). Using images to represent each of these traits (e.g. a clock, a heart and a trophy), draw a team shield or crest.



Strange Beasts Nature Documentary

Have you ever watched a nature documentary? Nature documentaries follow particular species of plants, insects, animals, fish and birds over a period of time, commenting on their behaviours as they go. Choose a living subject (it could be a family member, a plant, a pet or a bird...). Make five short video clips of your subject over the course of a day. Piece them together with commentary to make your very own nature documentary!



Jane Goodall and the Chimpanzees

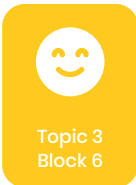
Newspaper Opinion Piece

What makes us human? Pretend you are a journalist and ask this question to three family members. Using quotations from your family, plan and write a newspaper opinion piece exploring what makes us human. Keep it somewhere safe - you might want to look back on it in the years to come.



Mahatma Gandhi Persuasive Speech

How can you get your point across without shouting? Mahatma Gandhi favoured the peaceful protest. He also delivered some very persuasive speeches. What do you feel strongly about (e.g. school/homework/vaccinations)? Write a persuasive speech to convince all who listen to agree with your opinion. Remember to include alliteration, facts, statistics and rhetorical questions to keep everyone engaged!



Everest: The Great Climb Ways To Make People Smile

Climbing a mountain takes perseverance. Once you reach the summit, the reward is always worth it. Do you have any neighbours, friends or family who have had to overcome hurdles recently? Why not try to make them smile today? A choreographed dance, a hug or a postcard often do the trick!



The Rise of Social Media DIY Timeline

Using a grid table of nine squares (like the timelines on social media), create a DIY timeline of all the main events of the last year or so. What key things have happened? How will you depict them? How will you summarise in the comment box underneath the image? Who will you tag? Which locations will you pin?



Muhammad Ali Anthropomorphic Drawings

"Float like a butterfly, sting like a bee" - Muhammad Ali. Which animals would you compare yourself to and why? Draw a picture of your chosen animals (perhaps you could stick photos of your face on them). Without telling them, see if your family can guess why you chose each animal.



The History of Calypso Dance Routine

Dance is a powerful form of expression and storytelling that can connect us all. Choose a song that best suits your mood today and choreograph a dance routine to go with it. Perhaps you could record it and share with friends and family? Doesn't moving around make you feel good?